



## Erasmus Policy Statement for 2021-2027 for the University of Physical Education in Krakow

The University of Physical Education in Krakow (AWF KRAKOW) is planning to continue its internationalisation strategy, which was initiated in 2001. The mission of the university is to improve the quality of its teaching by developing international cooperation between partner universities and companies, and by supporting student and staff mobility. Further plans (for 2021–2027) include intensifying academic exchanges while maintaining the highest European standards. The completion of AWF KRAKOW's quantitative targets will depend on the changing global situation.

By participating in Erasmus+, AWF KRAKOW plans to:

- Maintain the highest position in the national ranking of Polish higher education;
- Operate a high-tier category of Polish scientific institutions;
- Continue the exchanges among its academic and administrative staff, students of first and second cycle degree programmes and those enrolled in the Doctorate School, with trusted partners and new partners from Latvia, Estonia, Sweden, Denmark, Norway, Iceland, Ireland, Malta, Cyprus, Croatia, Austria, Belgium, Luxembourg and Liechtenstein;
- Introduce blended mobility in order to meet the expectations of its partner universities, Polish students (to increase the chances of persons from disadvantaged groups participating in Erasmus+) and foreign students, according to the changing global situation;
- Support actions aimed at combating discrimination, racism and xenophobia;
- Apply the ECTS, in order to ensure the transparency of its procedures related to the participation in and crediting of university courses and internships;
- Acknowledge the Erasmus+ exchanges of the members of its academic staff as part of their academic achievements, and include such exchanges in staff evaluations;
- Acknowledge the Erasmus+ exchanges of its administrative staff as part of their competence development;
- Continue to annually update the courses conducted by the AWF KRAKOW academic staff for foreign Erasmus+ students, according to the latest standards;
- Expand the educational offering of AWF KRAKOW by creating new courses and specialisations that are adjusted to the changing demands of the labour market (e.g. Physical Culture in Uniformed Services, Management of Recreation and Entertainment, and Sports Dietetics);
- Expand its scientific cooperation with external companies and the economy;
- Create at least one course of studies in English (as long as there are enough candidates);
- Organise important sports events in cooperation with its partner universities (such as the 2021 Polish Diaspora Games and the 2023 European Games);
- Expand its cooperation with the regional authorities and universities: AWF KRAKOW intends to continue the International Breakfasts series of meetings, organised by the universities in Krakow, in order to encourage the exchange of experiences and good practices related to international cooperation and support joint initiatives;
- Actively promote Erasmus+ (through informative meetings, AWF KRAKOW open days, participation in educational fairs and creating a promotional film starring Erasmus+ students);
- Modernise and update the AWF KRAKOW official website and the AWF KRAKOW Erasmus+ profile on Facebook, and monitor their functionalities;
- Create an e-learning platform for foreign Erasmus+ students in emergency situations. This will help to modernise AWF KRAKOW's educational potential and reduce room crowding, thus improving the learning conditions;

- Expand the functionalities of AWF KRAKOW's University Student Information System to include foreign Erasmus+ students (digital transcripts of records with the recommended conversion tables);
- Introduce a digital management system for student mobility (incoming and outgoing students) in order to simplify the flow of the documents needed to prepare, carry out and give credit for the Erasmus+ exchanges (e.g. the Online Learning Agreement, Egracons, Erasmus without Paper and the Erasmus App).

In order to improve the quality of its teaching and to intensify international exchange, AWF KRAKOW is planning to introduce the following investment and modernisation measures:

- Obtain national and foreign funding for investment tasks;
- Improve the standards of its educational, social and sports facilities (modernisation);
- Perform a thorough thermo-modernisation, restructuring and expansion of its Sports Games Hall;
- Perform a thorough thermo-modernisation and restructuring of its Social Pavilion (primarily for the Cosmetics course of studies);
- Restructure and expand its auxiliary track-and-field training stadium;
- Restructure Student Dorm No. 1;
- Restructure its thermoclimatic chamber;
- Restructure (i.e. adjust to meet the current fire prevention regulations) Educational Pavilions Nos. 1–4.

For each of the investment tasks listed above:

- The digital infrastructure shall be modernised to the highest level that is currently possible;
- The environmental impact standards for all facilities will be met in full;
- In addition, solar panels will be installed on the roof of the Sports Games Hall;
- AWF KRAKOW has a dedicated department that monitors and reports on the current regulations related to environmental protection, and plans appropriate actions related to any changes introduced to these regulations;
- AWF KRAKOW is planning to introduce comprehensive digitisation and to implement an IT system (the Integrated University Management System) in all of its departments;
- Architectural barriers will be removed, to allow persons with disabilities and persons from disadvantaged groups to study at the university.

AWF KRAKOW supports the establishment of the European Area of Education by:

- Promoting lifelong learning;
- Increasing the number of students and academic staff participating in Erasmus+ and the European Solidarity Corpus, and by drawing positive experiences from these programmes;
- Cooperating with partners to create joint curricula;
- Implementing the European Student Card Initiative to provide a new, user-friendly database that includes each student's course of education;
- Supporting the learning of foreign languages among the AWF KRAKOW academic staff and students (organising foreign language courses);
- Encouraging the development of innovations and IT skills by promoting innovation and IT training courses and by developing a new digital education programme;
- Using European funding and investment frameworks to support education practices.

One of University's primary goals is to continue on-going projects, including Projects Nos. POWR.03.05.00-00-Z233/17 and POWR.03.05.00-00-ZR66/18-01.

The aim of the Integrated Development Programme of AWF KRAKOW (Project No. POWR.03.05.00-00-Z233/17) is to strengthen the potential of the university through a comprehensive improvement of the quality of its educational services and the competences and practical skills of its 892 students and 189 members of the academic, management and administrative staff, the implementation of university management tools, and the restructuring works that will take place between 1 October 2018 and 30 September 2022.

The project involves a variety of tasks and actions, including:

- Creating new courses of studies, including courses in English. Some classes will be delivered by lecturers from abroad. The curricula of the new courses will be adjusted to meet the current socio-economic needs by introducing new classes or by modifying existing classes;

- Providing the students with competences that will facilitate their entry into the labour market through the provision of certified occupational and language training, occupational, communication and analytical workshops, joint classes with employers and study visits;
- Familiarising students with the labour market through paid internships, to facilitate their entry into the labour market and to promote the acquisition of hands-on experience that complements their university education;
- Helping the academic staff improve their teaching competences through dedicated training, teaching internships, language courses and IT courses and, consequently, improving the quality of the education offered by AWF KRAKOW;
- Organising training for the administrative staff to improve their management, accounting, legal, competitive tendering and language competences;
- Modernising the IT infrastructure and expanding the AWF KRAKOW repository, to allow for the effective management of the university.

The project is expected to have the following effects:

- AWF KRAKOW's educational offering will be adjusted to meet the current socio-economic needs through the introduction of new curricula or modification of the existing curricula;
- A competence development programme will be available to prepare students for entry into the labour market;
- Internship programmes;
- Improved competences of the academic staff;
- Improved competences of the administrative staff;
- IT support tools will be obtained and open educational databases will be created.

The Comprehensive Development Programme of AWF KRAKOW, No. WND-POWR.03.05.00-00-ZR66/18-01, aims to provide an opportunity for improving the university's regional potential.

The programme comprises the following modules:

- HIGHER EDUCATION INSTITUTION MANAGEMENT MODULE: IT Systems and Implementation of a Digital System of Document Flow.  
The project involves the purchasing, implementation and activation of hardware and software related to the Digital System of Document Flow (DSDF).
- MANAGEMENT OF HIGHER EDUCATION INSTITUTIONS MODULE: Implementation of a management system for three AWF KRAKOW student dorms. The system will allow for the comprehensive management of three student dorms owned by AWF KRAKOW. Every part of the system will guarantee the full and user-friendly management of each student's accommodation in the dorm, from submitting an application through their stay to the final processing. The system will improve the quality of the management of both the Polish students and foreign students.
- MANAGEMENT OF HIGHER EDUCATION INSTITUTIONS: Implementation of an e-learning system. An e-learning platform will be created to support the students and the administrative and academic staff of AWF KRAKOW. Access to the platform will be provided via wireless access points, which shall be located in the lecture rooms.

AWF KRAKOW is planning to continue its participation in Erasmus+ between 2021 and 2027 by:

- Participating in Key Action 1: Mobility of Individuals;
- Participating in Key Action 2: Cooperation for Innovation and the Exchange of Good Practices (cooperation projects).

As part of Key Action 1, AWF KRAKOW intends to conduct outgoing student exchanges related to degree courses and internships, as well as academic staff mobility related to training. The university will also host students from its partner universities to participate in degree courses and internships, and will welcome academic and administrative staff from various European universities.

In order to ensure the high quality of its teaching, AWF KRAKOW is planning to:

- Maintain cooperation related to student and staff mobility with its trusted partner universities;
- Expand its cooperation by signing contracts with new countries: Sweden, Denmark, Latvia, Estonia, Cyprus, Malta and Croatia;
- Strengthen its cooperation related to staff mobility with neighbouring countries, including the Czech Republic and Slovakia;
- Expand its educational offer by creating new courses and specialisations that are adjusted to meet the changing demands of the labour market;
- Annually updating the courses conducted in English for foreign students, in accordance with the European standards;

- Increase the number of incoming and outgoing students (first, second and third cycle degree programmes) and the number of academic and administrative staff;
- Expand its cooperation with the regional authorities and other universities in Krakow;
- Promote Krakow among foreign students as an attractive city for studying;
- Promote the Erasmus+ programme (through informative meetings, AWF KRAKOW open days and participation in educational fairs);
- Make investments to improve the quality of its teaching and international exchanges;
- Obtain national and foreign funding for its investment tasks;
- Improve the standards of its educational, social and sports facilities (through modernisation);
- Support actions aimed at combating discrimination, racism and xenophobia;
- Remove architectural barriers to allow persons with disabilities and persons from disadvantaged groups to study at AWF KRAKOW.

As a result of its educational and scientific cooperation with renowned academic centres, both in and outside Europe, AWF KRAKOW intends to participate in the following cooperation projects under Key Action 2:

- Project Title: Support for the Snoezelen concept and its integration into university education  
Action: Strategic partnerships for higher education (KA203), Call for proposals: 2020, National agency: CZ01 Dům zahraniční spolupráce (DZS) Centre for International Cooperation in Education – applicant organisation  
Legal name: SLEZSKA UNIVERZITA V OPAVE Organisation ID: E10126793, Legal representative: Pavel Tuleja Submission date : 20/04/2020, Form ID: KA203-64B38833

The project is expected to yield monographs, processes (including a translation into English), articles published in scientific journals (Web of Science and Scopus), video recordings and a five-day training programme, as well as intensive courses for academic staff.

The Snoezelen methodology is expected to become part of AWF KRAKOW's educational offer for Erasmus+ students during the years 2021–2027. AWF KRAKOW is planning to sign an agreement with the University in Opava (Czech Republic) as part of the Erasmus Key Action 103. Other partners may also be invited to cooperate under Key Action 1 in the further stages of the project. Strengthening its cooperation with neighbouring countries is one of the goals included in AWF KRAKOW's strategy for 2021–2027.

- Project class: KA203, Title: EmPOWERment of women in wrestling (POWER), Sector Skills Alliances 2020, Call for proposals 2020 – EAC/A02/2019, Application: Small Collaborative Partnerships, Application No.: 622691-EPP-1-2020-1-PL-SPO-SSCP

The aim of the POWER project is to empower women in sport and to improve their self-esteem, competence, resistance and group integrity. We wish to ensure that coaches are familiar with the methods and means of supporting integration and group integrity, and for strengthening each sportsperson's character. The POWER project promotes gender equality and counteracts the exclusion of women from sport. We wish to reach out to women for whom sport is not a source of income, i.e. women who are not professional athletes and earn a living through other means, but who consider sport to be an additional occupation, passion or a hobby. Because they do not earn money by participating in training and competitions, they cannot fully engage in wrestling. We will cooperate with our partners from different countries to create a European network that can support the participation of women in sport and will consolidate the exchange of good practices. This will also help us to better understand the cultural and social barriers that prevent women from participating in sport. We will also improve the awareness of the coaches in each country who work with women, and ensure that women have the same chances as men. The POWER project will encompass 45 female wrestlers aged below 30 years. It will last for 12 months and will involve special training that will be adjusted to the participants and will take into account their cultural differences. The project will be implemented during the training sessions conducted with the participants. A total of four meetings of all partners are planned throughout the project. The meetings will create an opportunity for the coaches from the different countries to cooperate, exchange experiences and discuss their observations related to women's wrestling.

The participation of AWF KRAKOW in the EmPOWERment of women in wrestling (POWER) project is part of the university's strategic goals, i.e. promoting gender equality and combating the discrimination of women in sport. The project's partnership group includes two EU member states, Poland and Bulgaria, and one non-EU country, North Macedonia. The choice of North Macedonia as a partner is extremely important for both the country and the EU, as

it will demonstrate to Macedonians that gender equality is part of the EU's policy and is not limited to EU member states. The dissemination of information about the project and its future results may also constitute an additional argument for equal opportunities in a country in which the legal framework is not yet based on EU law. Furthermore, demonstrating the EU's strategy for implementing gender equality may encourage other parties to undertake similar initiatives in North Macedonia.

- Project no: 622746-EPP-1-2020-1-FR-SPO-SCP, Key Action: E+Sport, Action: Collaborative Partnerships Topic: Improve good governance in sport, European Women in Sport (E-WinS): Adaptive Governance of Women's Sports Practices, Duration of the project: 1 January 2021 – 31 December 2023 Project participants: Cergy Paris University, France, University of Physical Education in Krakow, Poland; Fundacion Universitaria San Antonio, Murcia, Spain, Staffordshire University, Stoke-on-Trent, UK, Natsionalna Sportna Akademiya Vassil Levski, Sofia, Bulgaria, 'Pradniczanka' Sports Club, Krakow, Poland, Jalkapalloseura FC Herta ry, Joensuu, Finland, Little Miss Soccer, Paris, France, Association de Gestion de L'Institut Libre D'Education Physiq, Cergy, France

The E-WinS project is explicitly consistent with the EU's strategy for 2014–2020, according to which an equality-fostering climate should become a mainstream policy of sports institutions. The aim of the project is to promote actions and perspectives that will allow girls and women to fully participate in sports activities, in all their aspects. In this sense, the project seeks to unite the more advanced countries as a driving force for less advanced countries, particularly by means of cooperation and mutual exchanges of each country's specific resources. Consequently, good management practices will help to strengthen equality in the EU by increasing the participation of girls and women in sport, not only as sportspersons, but also as coaches, referees and managers. The goal of the 'European Women in Sport: Adaptive Governance of Women's Sports Practices' project is to promote and streamline the feminisation of sport in European cultures, by raising awareness and understanding of the specific problems encountered by women pursuing careers in sport. This will translate into an improved visibility of the sportswomen in Europe and their stronger influence on sports management practices. The primary aim of the project is to demonstrate the importance of women's participation in sport as club managers and coaches, and as professional and amateur sportspersons, as well as the importance of understanding female traits and adjusting the decision-making process in sport to these traits. An important part of the project is the planned development and implementation of good practices that will take into account the above considerations.