

INFORMATION FOR THE AUTHORS

1. **“Kinesiology”** (“Antropomotoryka”) is an official scientific quarterly of the International Association of Sport Kinetics – IASK, published at the University School of Physical Education, Cracow, Poland under the auspices of the Committee Rehabilitation, Physical Education and Social Integration the Polish Academy of Sciences.
The magazine presents the results of original research work and experiments in the field of human motoricity and related sciences. It also publishes review articles, opinion articles and discussion of scientists evaluating the current situation and perspectives of scientific development of human motoricity.
2. **Materials for publication** (one copy of computer printouts) should be sent together with the compact disc at the following address: Redakcja “Antropomotoryki”, Akademia Wychowania Fizycznego, al. Jana Pawła II 78, 31-571 Kraków, tel. 12 683 12 78, tel/fax 12 683 10 76 or at the e-mail address: antropomotoryka@awf.krakow.pl.
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 - All papers should be no longer than 22 pages with 1800 letters per page (i.e. 30 lines 60 points each). They should be in double-spaced or 1,5 spaced typewriting on one side of the paper only.
 - The accompanying letter should contain both home and office addresses and the information at which address to send the correspondence.
 - Empirical works should contain the following information: title, name(s) of the author(s), key words in Polish and in English, brief summary in Polish, summary in English (as mentioned above), introduction, material, methods, results and discussion, conclusions and bibliography.
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 - The summary has to contain: the purpose of the work, material, methods, results and conclusions.
 - The first page should contain the information in the following order: title, name(s) of the author(s), scientific degree(s) of the author(s) and the professional affiliation, including the address, key words, brief summary in Polish and in English. The summary should not contain less than 200 and no more than 250 words.
 - **The reference materials should** be listed on a separate sheet of paper. Only the materials the Author refers to in the text may be included. **They should be numbered using Arabic numerals and placed in the order they are quoted** in the work (not in the alphabetic order). Each item of the reference materials should be written in a new verse. The surname(s) of the author(s) of the quoted work should be followed by the initials of their first name(s), then the original title of the magazine where the work was published should be given. The abbreviation of the title of a magazine should be taken from the Index Medicus (or International Committee of Medical Journal Editors: *Uniform Requirements for manuscripts submitted in biomedical journals*. N Engl J Med 1997; 336, 309–315).

Information for the Authors

Examples:

a) works printed in magazines:

- Casella R, Bubendorf L, Sauter G, Moch H, Michatsch MJ, Gasser TC: *Focal neuroendocrine differentiation lacks prognostic significance in prostate core needle biopsies*. J Urol, 1998; 160: 406–410.

b) monographs:

- Matthews DE, Farewell VT: *Using and Understanding Medical Statistics*, ed 3, revised. Basel, Karger, 1966.

c) chapters in textbooks:

- Parren PWHL, Burton DR: *Antibodies against HIV-1 from phage display libraries; Mapping of an immune response and progress towards antiviral immunotherapy*; in Capra JD (ed.): *Antibody Engineering*, Chem. Immunol. Basel, Karger, 1997, 65: 18–56.
- Kokot F: *Fizjologia nerek*; w. Zieliński J, Leńko J (eds): *Urologia*, Warszawa, PZWL, 1992, 1: 9–20.

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Example in Polish:

Tabela 1., Ryc. 1., Objaśnienia, Chłopcy

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Table 1., Fig. 1., Commentary, Boys

Please, use round parentheses. Physical or chemical formulae should be written clearly. This refers particularly to indices and exponents.

The article can be written using the editor of MS Word 6.0 to 2007 or Open Office, preferably DOC or RTF format. Illustrations and tables should be packed in separate files and, on the printouts, the place where they are to be included should be marked in pencil. The graphs made in black. It is permissible to use gray tints with various shades of intensity and texture. While typing the descriptions uniform character we kindly ask used due to esthetic reasons, e.g., arial. Bold print, italics, etc., should be limited to the necessary minimum. While scanning the illustrations, the distribution should be at least 300 dpi. Black and white illustrations (line art) should be sent in TIFF format and pictures (gray) – in TIFF or JPEG format (at the low degree of compression, up to 10%). All the files should be packed using RAR or ZIP. After copying them on CD it is necessary to check if all the files are copied.

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- [1] Żekoński Z, Wolański N: *Warunki społeczno-bytowe jako czynniki rozwoju człowieka w Wolański N* (red.): *Czynniki rozwoju człowieka*. Warszawa, PWN, 1987, 68–88.
- [2] Malarecki I: *Zarys fizjologii wysiłku i treningu sportowego*. Warszawa, Sport i Turystyka, 1975.
- [3] Bouchard C, Malina RM: *Genetics of physiological fitness and motor performance*. Exerc. Sport. Sc. Rev. 1983; 11: 112–115.
- [4] Szopa J: *W poszukiwaniu struktury motoryczności: analiza czynnikowa cech somatycznych, funkcjonalnych i prób sprawności fizycznej u dziewcząt i chłopców w wieku 8–19 lat*. Wyd. Monograficzne, Kraków, AWF, 1983; 35.

While quoting the reference materials in the text, only square parentheses with the number of the quoted item in Arabic numerals should be given. When quoting two or more works the square parentheses should contain the chronological order of their publication.

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- The article (with a written statement – see: *General conditions*) should be sent with a cover letter signed by a senior researcher, who is responsible for the content of the of the article.
- The Author gets a free copy of "Antropomotoryka – Kinesiology" in PDF format. The magazine in book form can be ordered on condition of payment at the e-mail address: joanna.stepien@awf.krakow.pl when the corrected proof copy is returned.
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