

Erasmus Teaching Programme winter semester 2021/2022

	8	9	10	11	12	13	14	15	16	17	18	19	20	21
MONDAY		Meeting with Erasmus Coordinators and Vice Rector- 4.10.2021-9.a.m. till 10.a.m. Senate room	Taping as an supportive therapy in traditional physiotherapeutic methods (20h) room 317I-from 11.10.2021		Polish Language and Culture room 16 from 11.10.2021 from 1.15 p.m. till 2.45 p.m.		Customer service in sport, tourism and Recreation (20H) room.16 from 08.11.2021		Kinesiology (20 h) room 16-from 4.10.2021		Indoor climbing (15h) ścianka (SG2)climbing wall from 18.10.2021			
TUESDAY			Winter trekking - term to be established by teacher	2 days excursion - Winter trekking - 01/02/2022										
WEDNESDAY		Winter trekking - 02/02/2022	Performance psychology (20H) room.210H - from 6.10 till end January 2022			Spa and water Recreation from 20.10.2021 till 08.12.2021 *		Winter trekking - 02/02/2022			Popular recreation Games (15H) Sport Hall 2/3H - from 6.10.201 till end January 2022.			
THURSDAY		**Badminton 15h LA1 from 14.10 Table tennis (15h) from 25.11 Hol (HSG)-Old Sport Hall from 14.10.2021			Calisthenics (15h/12 weeks) SG1 -New Sport Hall from 14.10.2021	Body building (15h/12 weeks) siłownia -body building room from 14.10.2021		Special Techniques in Sports Medicine (20h) room 101LA from 21.10.2021r	BodyART and stretching (15h) room 101LA-athletic stadium from 14.10.2021	Gerontology (20h) room room E from 14.10.2021				
FRIDAY					** Badminton organization meeting Sport Hall 8. 10 from 11.15 a.m. till 12.15 p.m. room 210 H		Excursion Polish language and culture - 15.10.2021							

** classes from Badminton 14.10, 21.10,28.10,4.11,18.11.2021 12 BSniadeckich Sport Hall LA1
 classes from Table Tennis from 25.11.2021 (5 meetings)
 organization meeting -Badminton 8.10.2021 Sport Hall HGS -room 210 H

*** Spa and water recreation Erasmus+ students**
Teacher: Sylwia Mętel PhD, PT

Room 237 is located on 1st floor of the building with swimming pool

20.10; 27.10. 12:00-13:30 room 237 building with swimming pool 13:30-14:15 recreation swimming pool
 03.11. 12:00 14:15 room 237 building with swimming pool
 17.11; 24.11 12:00-14:15 room 133 building with swimming pool
 01.12. 12:00-14:15 room 016 III Pawilon Main Building Pracownia wibroterapii
 08.12.12:45-14:15 lecture room D Main Building